**Book Description: The Technology of Doing Creating and Being by Monika Moss-Gransberry**

Creating the lifestyle that you want can be simple, but it is certainly not easy. In this book, The Technology of Doing Creating and Being, you’ll learn the human technologies that support the gift of creation. These technologies have been used and taught throughout all of human history. In this book, Monika puts them to work in our modern context, to help you create the life you want.

This book is intended to help you learn to use human technologies to accelerate the pace your self-mastery. It will help you make your vision real - faster - to move you toward doing your ideal work, living your ideal life, and being happy healthy and whole.

The journey to self-mastery can be littered with obstacles and potholes. You may be committed to your personal evolution, but find that you’re not really making progress. Monika Moss Gransberry is your self-mastery coach. An author and coach, with 30 years of experience, Monika is committed to supporting the next generation of leaders through the technology of doing, creating and being. Her goal is to help you clear your own path and find your way to becoming the best version of yourself.

In this book, Monika shares the ins and outs of these nine human technologies and how to begin to use them to manifest what you want in your life right now.  She also shares insights from her life and work with clients as a strategic planner, organizational consultant and business coach.  As with her first book, Life Mapping: A Journey of Self Discovery and Path Finding, Monika includes practical steps and techniques for applying these technologies in your life in ways that will make a difference immediately and will be sustainable in the long term.  She is committed to supporting people moving through the blocks and obstacles that are getting in the way of you in creating your ideal life.  Monika has a powerful personal testimony along with the wisdom, knowledge, and insights that come from 30 years of supporting and teaching thousands of people on their path to self-mastery.

[www.mossgransberry.com/the-technology-of-doing-creating-being](http://www.mossgransberry.com/technologyofdoing_creating_being)